

# Disaster Planning Resources for Caregivers and Congregations

### A Faith Community Preparedness Guide

This comprehensive guide was created by Pat Welsh, RN, MSN, FCN, member of PHEWA's Presbyterian Health Network (PHN) Leadership Team, Faith Community Nurse at Anchorage Presbyterian Church, and Norton Healthcare Office of Church and Health Ministries, Louisville KY. It may be obtained by contacting:

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## **Community Arise: A Disaster Ministry Curriculum**

http://www.communityarise.com/index.htm

Community Arise is a groundbreaking program that brings major faith community domestic disaster training under a common umbrella curriculum. It is appropriate for a wide range of audiences: potential volunteers; faith-based and secular community groups; disaster response groups (long-term recovery, pre-disaster planning, or immediate post disaster); and denominational and community decision-makers.

# Just In Case, Emergency Readiness for Older Adults and Caregivers <a href="http://www.aginginstride.org/emergencyprep/docs/Just\_in\_Case.pdf">http://www.aginginstride.org/emergencyprep/docs/Just\_in\_Case.pdf</a>

Just in Case is a free, downloadable, 12 page booklet addressing personal emergency readiness needs as a priority for everyone, including older adults and caregivers. It is a great resource to give members of your congregation. From the National Family Caregiver Support Program of the U.S. Department of Health and Human Services Administration on Aging.



#### Toll-free phone (888) 728-7228 ext. 5800 or (602) 796-7477

Website: http://www.phewacommunity.org/ and http://www.pcusa.org/phewa/phn

#### **National Caregivers Library—Disaster Planning**

http://www.caregiverslibrary.org/caregiving-ministries/ministry-home/disaster-preparation-for-caregivers-article.aspx

"Day-to-day coping is challenging enough – dealing with a disaster as well can be devastating for everyone. Planning ahead can make all the difference. The goal as a caregiver is to identify potential challenges and take the steps necessary to guard against, and prepare for disasters, in order to reduce confusion and disruption that can distress and alarm family members requiring caregiving assistance." Caregivers resources for disaster planning.

#### **National Family Caregivers Association**

http://www.nfcacares.org/

10400 Connecticut Avenue, Suite 500 Kensington, MD 20895-3944 Toll Free: 1-800-896-3650

Phone: 301-942-6430 Fax: 301-942-2302

General E-mail: info@thefamilycaregiver.org

http://www.nfcacares.org/caregiving\_resources/tips\_and\_tools.cfm has easy to use tips and how-to guides for family caregivers, faith community nurses, and pastors.

#### <u>Prepare to Care: Basic Disaster Ministry for Your Congregation</u> http://cwserp.fatcow.com/cwserp/PreparetoCare2009comp.pdf

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Church World Service, Emergency Response Program 475 Riverside Drive (Suite 700) New York, NY 10115

Telephone: (212) 870-3151 Fax: (212) 870-2236



### **Presbyterian Disaster Assistance**

http://www.presbyterianmission.org/ministries/pda/disaster-preparedness-and-trainingmaterials/

Presbyterian Disaster Assistance, a program of the Compassion, Peace and Justice Ministry of the Presbyterian Mission Agency enables congregations and mission partners of the Presbyterian Church (U.S.A) to witness to the healing love of Christ through caring for communities adversely affected by crisis and catastrophic events. They provide training and disaster preparedness for presbyteries and synods.

#### **Shared Care Plan**

http://www.improvingchroniccare.org/downloads/3.3 3.4 shared care plan.pdf

The Shared Care Plan is a free, easy-to-use Personal Health Record that lets you keep track of vital health information in case of an emergency. It can be completed on paper or electronically for ease of access for sharing vital information with your family, physicians and others.

### **Special Populations: Emergency and Disaster Preparedness** http://sis.nlm.nih.gov/outreach/specialpopulationsanddisasters.html#a0

The U.S. Department of Health and Human Services has a comprehensive list of resources for specific family caregiving situations, including children, people living with diabetes, people who are visually and/or hearing impaired, and pregnant women. Materials in several languages are available at this site.



"I tell you the truth,

whatever you did for one of the least of these...

you did it for me." Matthew 25: 40 (NIV)

Thank you, Family Caregivers, for all you do!



#### The Presbyterian Health Network (PHN)

http://www.phewacommunity.org/phnhealthnetwork.html

http://www.phewacommunity.org/phnhealthnetwork/congregationalresources.html

http://www.presbyterianmission.org/ministries/phewa/presbyterian-health-network/

PHN is one of ten volunteer grassroots ministry networks of the Presbyterian Health, Education & Welfare Association (PHEWA):

http://pcusa.org/phewa and http://www.phewacommunity.org/

PHN is the place for faith community nurses/parish nurses, health ministers, congregations, mid-councils, and all Presbyterians concerned with health & wholeness to connect for networking, mutual support, and resource sharing. Annual membership in PHN connects you to the PHEWA Community and shows tangible support for these concerns remaining a vital part of the PC(USA) national church witness.

To become a member of PHN and/or the other networks of PHEWA or to support these ministries financially, visit:

http://www.phewacommunity.org/images/PHEWA\_membership\_form.pdf and http://www.phewacommunity.org/images/PHEWA\_extra\_giving\_form.pdf



 $\textbf{Website:} \quad \underline{\text{http://www.phewacommunity.org/}} \quad \text{and} \quad \underline{\text{http://www.pcusa.org/phewa/phn}}$