

How the Parish Nurse can help. . .

HE/SHE CAN:

1. **PRAY WITH YOU.**
2. **HELP YOU UNDERSTAND YOUR POST-SURGERY INSTRUCTIONS, IF YOU WERE STILL GROGGY FROM ANESTHETIC WHEN DISCHARGED FROM OUT-PATIENT SURGERY.**
3. **HELP YOU GET SET UP WITH VARIOUS SOCIAL AGENCIES, IF YOU NEED SOME SPECIAL SERVICE, LIKE HOUSEKEEPING AIDES, HOME NURSING CARE OR SUPPORT GROUPS.**
4. **HELP YOU UNDERSTAND MEDICAL PROCEDURES WHEN YOU OR A LOVED ONE ARE IN CRITICAL HEALTH CARE.**
5. **HELP YOU MAKE A LIST OF QUESTIONS TO ASK YOUR DOCTOR.**
6. **VISIT YOU IN YOUR HOME IF YOU ARE NOT ABLE TO GET OUT AND PROVIDE ROUTINE CHECKS SUCH AS TAKING BLOOD PRESSURE.**
7. **ORGANIZE HEALTH EDUCATION PROGRAMS AND SCREENINGS SO YOU CAN UNDERSTAND YOUR PHYSICAL NEEDS AND CHANGES AND BECOME MORE RESPONSIBLE FOR YOUR OWN AND YOUR FAMILY'S HEALTH.**
8. **MAINTAIN YOUR PRIVACY. ONLY CATEGORIES AND NUMBERS WILL BE REPORTED AS PARISH HEALTH INFORMATION TO CHURCH COMMITTEES.**
9. **LISTEN TO YOU. YOUR PARISH NURSE HAS THE TIME AND INTEREST TO HELP YOU MAINTAIN THE BEST HEALTH POSSIBLE.**

HE/SHE CANNOT:

1. **GIVE HANDS ON CARE OTHER THAN BLOOD PRESSURE.**
2. **GIVE DAILY BATHS. HOWEVER, YOUR PARISH NURSE CAN INSTRUCT OTHERS IN THIS PROCEDURE.**
3. **PRESCRIBE OR SUPPLY MEDICATIONS.**
4. **GIVE INJECTIONS. HOWEVER, IF THE NEED IS LARGE ENOUGH, YOUR PARISH NURSE CAN ARRANGE FOR OTHER HEALTH PROFESSIONALS TO PROVIDE IMMUNIZATIONS (SUCH AS FLU SHOTS) FOR RECOMMENDED GROUPS.**
5. **MAKE HEALTH PROBLEMS GO AWAY, BUT WILL TRY TO HELP YOU UNDERSTAND WHAT IS HAPPENING.**